



TRIEC Mentoring Program Snapshot

- Information for Potential Mentees -

You can register to be mentored through TRIEC Mentoring Partnership if you:

- Are legally able to work in Canada;
- Have lived in Canada for less than five years;
- Have the English language skills to perform effectively in the workplace in your field;
- Have post-secondary qualifications equivalent to a College or University degree;
- Have a minimum of two years of international work experience in your profession;
- Have limited or no Canadian work experience in your profession;
- Are currently unemployed or underemployed (i.e. you are not working in your field of expertise)

Purpose:

- The overall goal is to ensure that skilled immigrants can find meaningful employment in the Toronto Region that is commensurate with their education, skills and experience.
- Mentoring Program partners work together with community and corporate partners, so immigrants can gain industry insights, professional contacts and job search support from a Canadian professional.

How it works:

- Mentors and mentees commit to participating **18 hours** in a period of **3 months**.
- Mentors share insights and guidance to mentees on three W.I.N areas
 1. **Workplace** values and culture
 2. **Information** on profession
 3. **Networks**
- Mentors and mentees decide their mentoring relationship's focus, pace, meeting locations and times.
- Meetings can be in person, over the phone or online conferencing (Zoom, WebEx, Skype).

Typical mentoring activities:

- Arrange for informational interviews, mock interviews in their career field
- Provide insights of the industry and invite to industry or professional events
- Cover letter & resume, LinkedIn profile reviews

Program impact:

- 83% of mentees said the mentoring relationship made a positive difference to their job efforts.
- Almost 80% of mentees secured employment after the mentoring relationship (of these, 85% found work in their field).
- 98% of mentees had a better understanding of relevant professional skills and how to customize their résumé for their profession.

"Without the support of my mentor I wouldn't have been able to find my first job here. I'm grateful to everyone who helped me take those first steps."

—Harshal Dalal, Senior Manager, Marketing Technology & Analytics at Osler, Hoskin & Harcourt LLP

Former mentee and current mentor

Reconnect with your profession in Canada.

TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada.

Eligibility:

To be eligible for the program you must have:

- ▶ High fluency in spoken and written English
- ▶ 2+ years international work experience in your profession
- ▶ A bachelor's degree or equivalent from abroad
- ▶ Lived in Canada for less than 5 years

For more information contact:



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 **75%**

**of participants found
employment in their
occupation or related
field within 1 year
of completing
the program.**

mentoringpartnership.ca